



Anquet Maps 2018 www.anquet.com (Bottom Left - Top Right)-(436323 152187-438968 154042) Map printed at 1:9,091
 Route: Route 0005, Start Point: 438510 152905, End Point: 438510 152905, Flat Length: 5.31 Kilometres, Hidden Length: 5.33 Kilometres, Max Height: 192.37 Metres, Min Height: 98.70 Metres, Height Ascended: 143.26 Metres, Height Descended: 143.27 Metres, Estimated time: 1 hrs, 18 mins, Est Time: 5.0 Km/hr, 600 m ascent adds 1h